

P.L. 2025, Joint Resolution No. 21, *approved January 20, 2026*
Assembly Joint Resolution, No. 57 (*First Reprint*)

- 1 **A JOINT RESOLUTION** designating March 30th of each year as
2 “Menstrual Toxic Shock Syndrome Awareness Day” and
3 supplementing Title 36 of the Revised Statutes.
4
- 5 **WHEREAS**, Menstrual Toxic Shock Syndrome (MTSS) is a
6 preventable illness commonly caused by Staphylococcus,
7 Streptococcus, and Clostridium bacterial infection; and
8 **WHEREAS**, MTSS still affects over 17 in 100,000 women between
9 the ages of 13 and 25 every year, which marks little progress
10 since the 1980s in reducing the number of MTSS cases; and
11 **WHEREAS**, Risk factors for MTSS include the use of highly
12 absorbent tampons, diaphragms, or contraceptive sponges ¹**],** the
13 presence of surgical wounds or untreated infections, or a history
14 of recent childbirth, miscarriage, or abortion¹**]** ; and
15 **WHEREAS**, Symptoms of MTSS include headache, muscle ache,
16 sore throat, cough, weakness, abdominal pain, nausea, vomiting,
17 diarrhea, chills, fever, lightheadedness, dizziness, faint upon
18 standing, confusion, disorientation, low blood pressure,
19 increased heart rate, seizures, rash, redness of eyes, lips, and
20 tongue, dysfunction of the digestive and circulatory systems, and
21 the shedding of skin around the hands and feet; and
22 **WHEREAS**, In extreme cases, MTSS can result in organ damage, the
23 loss of limbs, or death; and
24 **WHEREAS**, Increased awareness of MTSS can help the citizens of
25 the State of New Jersey identify and avoid suffering from this
26 easily preventable illness; and
27 **WHEREAS**, It is altogether fitting and proper for this Legislature,
28 and in the public interest, to designate a day recognizing MTSS
29 awareness; now, therefore,
30
- 31 **BE IT RESOLVED** *by the Senate and General Assembly of the*
32 *State of New Jersey:*
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- 34 1. March 30th of each year is designated as annual “Menstrual
35 Toxic Shock Syndrome Awareness Day” in the State of New Jersey.
36
- 37 2. The Governor is respectfully requested to annually issue a
38 proclamation recognizing “Menstrual Toxic Shock Syndrome

EXPLANATION – Matter enclosed in bold-faced brackets **[thus]** in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined thus is new matter.

Matter enclosed in superscript numerals has been adopted as follows:

¹Senate floor amendments adopted January 12, 2026.

1 Awareness Day” in the State of New Jersey and call upon public
2 officials and the people of this State to observe the day with
3 appropriate programs and activities.

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5 3. This joint resolution shall take effect immediately.

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10 Designates March 30th of each year “Menstrual Toxic Shock
11 Syndrome Awareness Day.”