

§1
C.45:9-7.10
§2
C.45:11-26.5
§3
T&E and
Note to §§1,2
§4
Note to §§1,2

P.L. 2025, CHAPTER 175, *approved December 19, 2025*
Assembly, No. 5309 (*Third Reprint*)

1 **AN ACT** concerning menopause and supplementing Title 45 of the
2 Revised Statutes.
3
4 **BE IT ENACTED** *by the Senate and General Assembly of the State*
5 *of New Jersey:*
6
7 1. a. As used in this section:
8 “Menopause” means the ¹**[natural]**¹ biological process during
9 which a woman’s hormone levels change, the woman permanently
10 stops having menstrual periods, and is diagnosed after 12 months
11 without a menstrual period. ²“Menopause” shall include the period
12 known as “perimenopause,” during which the body makes the
13 transition into menopause.²
14 b. The State Board of Medical Examiners shall:
15 (1) require that the number of credits of continuing medical
16 education required of each person licensed as a physician, as a
17 condition of biennial registration pursuant to section 1 of P.L.1971,
18 c.236 (C.45:9-6.1), include ¹**[one]** up to three¹ optional ¹**[credit]**
19 credits¹ of educational programs or topics concerning menopause
20 ²**[**, which educational programs and topics shall meet the
21 requirements for a training program set forth in subsection b. of
22 section 1 of P.L.2021, c.79 (C.26:2H-12.108)**]**². The continuing
23 medical education requirement in this subsection shall be subject to
24 the provisions of section 10 of P.L.2001, c.307 (C.45:9-7.1);
25 ³**[and]**³
26 (2) ³track participation consistent with paragraph (1) of this
27 subsection; and

EXPLANATION – Matter enclosed in bold-faced brackets **[thus]** in the above bill is not enacted and is intended to be omitted in the law.

Matter underlined thus is new matter.
Matter enclosed in superscript numerals has been adopted as follows:
¹Assembly AHE committee amendments adopted March 20, 2025.
²Senate SBA committee amendments adopted June 26, 2025.
³Assembly amendments adopted in accordance with Governor's recommendations November 24, 2025.

1 (3)³ adopt rules and regulations if necessary to effectuate the
2 purposes of this section pursuant to the "Administrative Procedure
3 Act," P.L.1968, c.410 (C.52:14B-1 et seq.).

4 ³c. The optional credits of educational programs and topics
5 concerning menopause established in subsection b. of this section
6 may include information on the physiological and psychological
7 aspects of menopause; available treatments, including hormone
8 therapy and alternative options; health risks associated with
9 menopause, such as cardiovascular health, osteoporosis, and mental
10 health; best practices for screening, diagnosis, and management of
11 menopause-related conditions; and patient communication
12 strategies for discussing menopause and women's health issues.

13 d. The optional credits under this section shall be made
14 available through a variety of formats to ensure accessibility for all
15 physicians, including online courses, webinars, workshops, and in-
16 person seminars. These options shall permit physicians to complete
17 the educational programs or topics concerning menopause at their
18 own pace and according to their schedules.

19 e. Physicians who choose to complete the menopause and
20 women's health education programs shall receive continuing
21 medical education credits toward their required 100 continuing
22 medical education credits for license renewal. These credits shall
23 count toward the total continuing medical education hours required,
24 which includes a focus on patient safety, medical ethics, and other
25 essential medical topics.

26 f. Nothing in this section shall prevent a physician from
27 completing additional continuing education credits of educational
28 programs or topics concerning menopause for satisfaction of their
29 continuing education requirements.³

30
31 ³[2. a. The optional ¹[credit] credits¹ of educational programs
32 and topics concerning menopause established in section ¹[1.] 1¹ of
33 this act shall include training modules ², which shall be developed by
34 the Department of Health,² on the physiological and psychological
35 aspects of menopause; available treatments, including hormone
36 therapy and alternative options; health risks associated with
37 menopause, such as cardiovascular health, osteoporosis, and mental
38 health; best practices for screening, diagnosis, and management of
39 menopause-related conditions; and patient communication strategies
40 for discussing menopause and women's health issues.

41 b. Training for the optional ¹[credit] credits¹ under this section
42 shall be available through a variety of formats to ensure accessibility
43 for all physicians, including online courses, webinars, workshops, and
44 in-person seminars. These options shall permit physicians to complete
45 the training at their own pace and according to their schedules.

46 c. Physicians who choose to complete the menopause and
47 women's health education modules shall receive continuing medical

1 education credits toward their required 100 continuing medical
 2 education credits for license renewal. These credits shall count toward
 3 the total continuing medical education hours required, which includes
 4 a focus on patient safety, medical ethics, and other essential medical
 5 topics.

6 d. In addition to receiving continuing medical education credits,
 7 physicians who complete these modules shall be eligible ²[for] to
 8 receive from the Department of Health if there are available funds²:
 9 financial assistance or subsidies to offset the cost of the training
 10 programs; public recognition or certification for completing
 11 menopause and women's health education modules; specialized CME
 12 tracks that include menopause and women's health education for
 13 physicians practicing in relevant specialties like OB-GYN and internal
 14 medicine, as determined by the Department of Health.

15 e. The Department of Health shall actively promote awareness of
 16 the available menopause and women's health education programs
 17 through various medical associations, healthcare networks, and
 18 continuing education platforms.

19 f. The Department of Health shall partner with medical schools
 20 ²[.] and nursing schools to integrate menopause education into the
 21 curricula, as well as² hospitals²[.]² and professional organizations to
 22 integrate menopause and women's health education into their
 23 continuing medical education offerings, ensuring that the training
 24 remains relevant and up-to-date with the latest research and best
 25 practices.

26 g. The Commissioner of Health shall establish an advisory
 27 committee to monitor the effectiveness of the training programs and
 28 assess participation ²and task the committee with making
 29 recommendations for public health measures and areas of further
 30 research concerning menopause².]³
 31

32 ³[²3.] 2.³ a. As used in this section:

33 "Menopause" means the biological process during which a
 34 woman's hormone levels change, the woman permanently stops
 35 having menstrual periods, and is diagnosed after 12 months without
 36 a menstrual period. "Menopause" shall include the period known as
 37 "perimenopause," during which the body makes the transition into
 38 menopause.

39 b. The New Jersey Board of Nursing shall:

40 (1) require that the number of credits of continuing education
 41 required for ³[advanced practice]³ nurses, as a condition of license
 42 renewal, include up to three optional credits of educational
 43 programs or topics concerning menopause; ³[and]³
 44

45 (2) ³track participation consistent with paragraph (1) of this
subsection; and

1 (3)³ adopt rules and regulations if necessary to effectuate the
2 purposes of this section pursuant to the "Administrative Procedure
3 Act," P.L.1968, c.410 (C.52:14B-1 et seq.).

4 c. The optional credits of educational programs and topics
5 concerning menopause established in this section ³~~shall~~ ³may³
6 include ³~~training modules, which shall be developed by the~~
7 Department of Health, ³information³ on the physiological and
8 psychological aspects of menopause; available treatments, including
9 hormone therapy and alternative options; health risks associated
10 with menopause, such as cardiovascular health, osteoporosis, and
11 mental health; best practices for screening, diagnosis, and
12 management of menopause-related conditions; and patient
13 communication strategies for discussing menopause and women's
14 health issues.

15 d. ³~~Training for the~~ The³ optional credits under this section
16 shall be ³made³ available through a variety of formats to ensure
17 accessibility for all ³~~advanced practice~~³ nurses, including online
18 courses, webinars, workshops, and in-person seminars. These
19 options shall permit ³~~advanced practice~~³ nurses to complete the
20 ³~~training~~ educational programs or topics concerning menopause³
21 at their own pace and according to their schedules.

22 e. ³~~Advanced practice nurses~~ Nurses³ who choose to complete
23 the menopause and women's health education ³~~modules~~
24 programs³ shall receive continuing education credits toward their
25 required continuing education credits for license renewal. These
26 credits shall count toward the total continuing education hours
27 required.

28 f. ³~~In addition to receiving continuing education credits,~~
29 advanced practice nurses who complete these modules shall be
30 eligible to receive from the Department of Health if there are
31 available funds: financial assistance or subsidies to offset the cost
32 of the training programs; public recognition or certification for
33 completing menopause and women's health education modules;
34 specialized continuing education tracks that include menopause and
35 women's health education for advanced practice nurses practicing
36 in relevant specialties, as determined by the Department of
37 Health.² Nothing in this section shall prevent a nurse from
38 completing additional continuing education credits of educational
39 programs or topics concerning menopause for satisfaction of their
40 continuing education requirements.³

41
42 ³3. The Division of Consumer Affairs shall promote awareness
43 of this act, P.L. , c. (C.) (pending before the Legislature as
44 this bill) by providing notice on its website.³

1 ¹**[3.]** 4.¹ This act shall take effect 180 days following
2 enactment.

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7 Permits up to three credits of continuing medical education on
8 menopause to be used by nurses and physicians for license renewal.