## ASSEMBLY, No. 4725

# **STATE OF NEW JERSEY**

### 220th LEGISLATURE

INTRODUCED OCTOBER 11, 2022

**Sponsored by:** 

Assemblywoman YVONNE LOPEZ
District 19 (Middlesex)
Assemblywoman LINDA S. CARTER
District 22 (Middlesex, Somerset and Union)
Assemblywoman ANGELA V. MCKNIGHT
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#### **SYNOPSIS**

Establishes Office of Resilience in DCF.

#### **CURRENT VERSION OF TEXT**

As introduced.



(Sponsorship Updated As Of: 10/17/2022)

1 AN ACT establishing the Office of Resilience in the Department of
2 Children and Families and supplementing Title 30 of the Revised
3 Statutes.

**BE IT ENACTED** by the Senate and General Assembly of the State of New Jersey:

- 1. The Legislature finds and declares:
- a. Research over the last two decades in the evolving fields of neuroscience, molecular biology, public health, genomics, and epigenetics reveals that adverse childhood experiences in the early developmental years of a person's life produce changes in the biology of the human body that influence physical and mental health and social, emotional, and economic well-being throughout that person's life.
- b. These adverse experiences may include physical or emotional abuse, physical and emotional neglect, household dysfunction, substance use disorder, untreated mental illness, incarceration of a household member, or domestic violence, separation, or divorce involving a parent or caregiver.
- c. Strong, frequent, or prolonged stress caused by adverse childhood experiences can become toxic stress and may impact the development of a child's fundamental brain architecture and stress response system.
- d. Changes to a child's fundamental brain architecture and stress response systems may cause health problems in adulthood that may lead to the most common causes of death and disability in the United States.
- e. Neurobiological, epigenetics, and psychological studies have shown that traumatic experiences in childhood and adolescence can diminish concentration, memory, organizational skills, and language abilities, negatively impacting a student's academic performance, classroom behavior, and ability to form healthy relationships and attachments.
- f. The emerging science and research on toxic stress and adverse childhood experiences evidence a growing public health crisis with implications for community, juvenile justice, criminal justice, social services, and health care systems.
- g. Early childhood offers a unique window of opportunity to prevent, mitigate, and heal the impact of adverse childhood experiences and toxic stress on a child's body and brain.
- h. Positively influencing the architecture of a child's developing brain and reducing a child's exposure to adverse childhood experiences are more effective and less costly than attempting to correct their impact on a child's learning, physical and mental health, and behaviors later in life.
- i. To bolster the State's ability to create trauma-responsive strategies to help New Jersey become a healthier State, to reduce

public costs related to health care, school dropout rates, mental illness, unemployment, and homelessness, it is in the best interest of the State to establish a designated agency to mitigate the effects of adverse childhood experiences and to build resilience in children who have faced trauma and adversity in their lives.

#### 2. As used in this act:

"Adverse childhood experiences" or "ACEs" means traumatic experiences, including abuse, neglect, household dysfunction, substance use disorder, or parental separation, that occur during childhood.

"Trauma informed care" or "TIC" means a strength-based approach to service delivery that: considers treating a person's past trauma and resulting coping mechanism; is grounded in an understanding of, and the responsiveness to, the impact of trauma; emphasizes physical, psychological, and emotional safety for both treatment providers and survivors of trauma; and creates opportunities for trauma survivors to rebuild a sense of control and empowerment.

- 3. a. There is established in the Department of Children and Families in the Executive Branch of State government the Office of Resilience. The office shall be directed by an executive director, who shall report directly to the Commissioner of Children and Families.
- b. Under the direction of the executive director, the office shall be responsible for hosting, coordinating, and facilitating Statewide initiatives related to raising awareness of, and creating opportunities to eradicate, ACEs through grassroots, community-led efforts that provide technical assistance and strategic support for non-governmental organizations with missions promoting trauma-informed and health-centered services for young people in the State of New Jersey.

#### c. The office shall:

- (1) develop and share trauma-informed and healing-centered strategies with other State departments and community-based stakeholders to reduce exposure to, and mitigate the effects of, ACEs in the State of New Jersey by supporting collaboration with early childhood organizations and early childhood providers to encourage the development of a Statewide multi-generational support system that promotes positive childhood experiences and assists in the healing of primary and secondary trauma in adults;
- (2) in partnership with public and private partners, establish a public awareness campaign to educate the public about ACEs and TIC:
- (3) develop research-based tools to use in creating resilience and empowering individuals who have faced trauma and adversity, and in promoting positive childhood experiences; and

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(4) provide periodic reports to the Governor, and issue an annual report to the Governor and, pursuant to section 2 of P.L.1991, c.164 (C.52:14-19.1), to the Legislature regarding its activities.

4. Pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.), the Department of Children and Families may adopt any rules and regulations necessary to effectuate the purposes of this act.

5. This act shall take effect shall take effect immediately.

#### **STATEMENT**

This bill establishes in the Department of Children and Families the Office of Resilience. The office is to be directed by an executive director, who is to report directly to the Commissioner of Children and Families.

Under the direction of the executive director, the office is to be responsible for hosting, coordinating, and facilitating Statewide initiatives related to raising awareness of, and creating opportunities to eradicate, adverse childhood experiences (ACEs) through grassroots, community-led efforts that provide technical assistance and strategic support for non-governmental organizations with missions promoting trauma-informed and health-centered services for young people in the State of New Jersey.

As used in this bill, "adverse childhood experiences" or "ACEs" means traumatic experiences, including abuse, neglect, household dysfunction, substance use disorder, or parental separation, that occur during childhood, and "trauma informed care" or "TIC" means a strength-based approach to service delivery that: considers treating a person's past trauma and resulting coping mechanism; is grounded in an understanding of, and the responsiveness to, the impact of trauma; emphasizes physical, psychological, and emotional safety for both treatment providers and survivors of trauma; and creates opportunities for trauma survivors to rebuild a sense of control and empowerment.

Specifically, the office is to: (1) develop and share traumainformed and healing-centered strategies with other State departments and community-based stakeholders to reduce exposure to, and mitigate the effects of, ACEs in the State of New Jersey by supporting collaboration with early childhood organizations and early childhood providers to encourage the development of a Statewide multi-generational support system that promotes positive childhood experiences and assists in the healing of primary and secondary trauma in adults (2) in partnership with public and private partners, establish a public awareness campaign to educate the public about ACEs and TIC; (3) develop research-based tools to

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- 1 use in creating resilience and empowering individuals who have
- 2 faced trauma and adversity, and in promoting positive childhood
- 3 experiences; and (4) provide periodic reports to the Governor, and
- 4 issue an annual report to the Governor and the Legislature regarding
- 5 its activities.