ASSEMBLY, No. 3736 STATE OF NEW JERSEY 220th LEGISLATURE

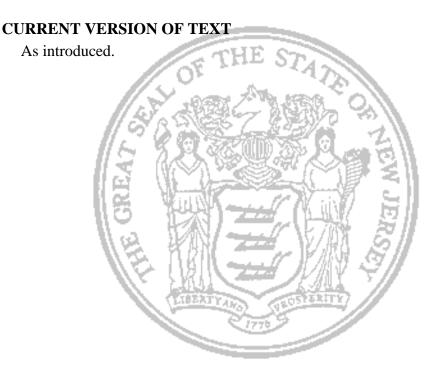
INTRODUCED MAY 2, 2022

Sponsored by: Assemblywoman SHANIQUE SPEIGHT District 29 (Essex) Assemblywoman SADAF F. JAFFER District 16 (Hunterdon, Mercer, Middlesex and Somerset) Assemblyman REGINALD W. ATKINS District 20 (Union)

Co-Sponsored by: Assemblywoman Haider

SYNOPSIS

Requires school districts to provide instruction on menstrual health and hygiene as part of implementation of New Jersey Student Learning Standards in Comprehensive Health and Physical Education.



(Sponsorship Updated As Of: 9/22/2022)

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1 AN ACT concerning health and physical education instruction and 2 supplementing chapter 35 of Title 18A of the New Jersey 3 Statutes. 4 5 **BE IT ENACTED** by the Senate and General Assembly of the State 6 of New Jersey: 7 8 1. a. As used in this section: 9 "Menstrual disorders" means a disorder that adversely affects an 10 individual's menstrual cycle, including but not limited to, 11 dysmenorrhea, endometriosis, menorrhagia, and polycystic ovary 12 syndrome. "Menstrual hygiene products" means products that are used to 13 14 catch menstrual flow, including pads, cloths, tampons, or cups, and 15 supportive products needed for menstrual health and hygiene, including but not limited to, body and laundry soaps, underwear, 16 17 and pain relief items. "Period poverty" means the lack of access to sanitary products, 18 19 menstrual hygiene education, toilets, hand-washing facilities, and 20 waste management. b. Each board of education of a school district shall incorporate 21 22 instruction on menstrual health and hygiene for students in grades 23 four through 12 as part of the school district's implementation of 24 the New Jersey Student Learning Standards in Comprehensive 25 Health and Physical Education. The instruction shall be age 26 appropriate and shall include, where appropriate, information 27 regarding: 28 (1) the proper use of menstrual hygiene products and possible 29 complications of use, including Toxic Shock Syndrome; 30 (2) the symptoms and long-term effects, including fertility, pregnancy and overall health, of menstrual disorders; 31 (3) the short and long-term effects of period poverty; and 32 33 (4) when to seek medical advice and how to locate 34 menstruation-related medical resources. Prior to the beginning of a unit of instruction on menstrual health 35 and hygiene, information shall be distributed to parents and 36 37 guardians of all students detailing the topics of instruction and the requirements of the New Jersey Student Learning Standards for 38 39 Comprehensive Health and Physical Education. 40 2. This act shall take effect immediately and shall first apply to 41 the first full school year following the date of enactment. 42 43 44 45 **STATEMENT** 46 47 This bill requires that schools include age appropriate instruction on menstrual health and hygiene for students in grades four through 48

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1 12 as part of the school district's implementation of the New Jersey

2 Student Learning Standards in Comprehensive Health and Physical 3 Education.

Under this bill, instruction on menstrual health and hygiene 4 5 would include: the proper use of menstrual hygiene products; the 6 symptoms and effects of menstrual disorders; the effects of period 7 poverty; and when and how to seek medical advice. Parents and 8 guardians would be notified of the topics of instruction and requirements of the New Jersey Student Learning Standards in 9 Comprehensive Health and Physical Education prior to the 10

beginning of a unit of instruction in menstrual health and hygiene. 11