ASSEMBLY, No. 1890

STATE OF NEW JERSEY

210th LEGISLATURE

INTRODUCED FEBRUARY 21, 2002

Sponsored by: Assemblyman NEIL M. COHEN District 20 (Union)

Co-Sponsored by: Assemblyman Eagler

SYNOPSIS

"Health and Dental Claims Authorization, Processing and Payment Act."

CURRENT VERSION OF TEXT

As introduced.



(Sponsorship Updated As Of: 1/15/2003)

1 AN ACT concerning health and dental claims authorization, processing 2 and payment and supplementing Title 17B of the New Jersey 3 Statutes.

BE IT ENACTED by the Senate and General Assembly of the State of New Jersey:

1. This act shall be known and may be cited as the "Health and Dental Claims Authorization, Processing and Payment Act."

- 2. The Legislature finds and declares that:
- a. Health care services available under health benefits plans must be promptly provided to covered persons under all circumstances, along with timely reimbursement to health care providers for their services rendered.
- b. However, confusion still exists among consumers, health care providers and carriers with respect to time frames for communication of determinations by carriers to deny, reduce or terminate benefits under the provisions of a health benefits plan based upon utilization management decisions, which determinations must be communicated as quickly and efficiently as possible.
- c. Because both consumers and health care providers have experienced repeated denials or failure by carriers to respond to them in a timely manner with respect to utilization management determinations, many health care providers have found themselves financially uncompensated when carriers have failed to respond to certain requests for authorization of health care services.
- d. Because these occurrences reflect negatively on health insurance carriers and because it is fair and reasonable for health care providers to receive reimbursement for health care services delivered to covered persons under their health benefits plans, it is appropriate for the Legislature now to establish uniform procedures and guidelines for health care providers and health insurance carriers to follow in communicating and following utilization management decisions and determinations on behalf of consumers.

3. As used in this act:

"Authorization" means a determination by a carrier that an admission, availability of health care services, continued stay or other health care service has been reviewed and, based on the information provided, satisfies the carrier's requirements for medical necessity, appropriateness, health care setting, level of care and effectiveness.

"Carrier" means an insurance company, health service corporation, hospital service corporation, medical service corporation or health maintenance organization authorized to issue health benefits plans in this State.

1 "Commissioner" means the Commissioner of Banking and 2 Insurance.

"Covered person" means a person on whose behalf a carrier offering
the plan is obligated to pay benefits or provide services pursuant to the
health benefits plan.

"Covered service" means a health care service provided to a covered person under a health benefits plan for which the carrier is obligated to pay benefits or provide services.

"Health benefits plan" means a benefits plan which pays or provides hospital and medical expense benefits for covered services, and is delivered or issued for delivery in this State by or through a carrier. Health benefits plan includes, but is not limited to, Medicare supplement coverage and Medicare+Choice contracts to the extent not otherwise prohibited by federal law. For the purposes of this act, health benefits plan shall not include the following plans, policies or contracts: accident only, credit, disability, long-term care, CHAMPUS supplement coverage, coverage arising out of a workers' compensation or similar law, automobile medical payment insurance, personal injury protection insurance issued pursuant to P.L.1972, c.70 (C.39:6A-1 et seq.) or hospital confinement indemnity coverage.

"Health care provider" means an individual or entity which, acting within the scope of its licensure or certification, provides a covered service defined by the health benefits plan. Health care provider includes, but is not limited to, a physician and other health care professionals licensed pursuant to Title 45 of the Revised Statutes, and a hospital and other health care facilities licensed pursuant to Title 26 of the Revised Statutes.

"Network provider" means a participating health care provider under contract or other agreement with a carrier to furnish health care services to covered persons.

"Payer" means a carrier which requires that utilization management be performed to authorize the approval of a health care service and includes an organized delivery system that is certified by the Commissioner of Health and Senior Services or licensed by the commissioner pursuant to P.L.1999, c.409 (C.17:48H-1 et seq.).

"Payer's agent" or "agent" means an intermediary contracted or affiliated with the payer to perform administrative functions including, but not limited to, the payment of claims or the receipt, processing or transfer of claims or claim information.

"Utilization management" means a system for reviewing the appropriate and efficient allocation of health care services under a health benefits plan according to specified guidelines, in order to recommend or determine whether, or to what extent, a health care service given or proposed to be given to a covered person should or will be reimbursed, covered, paid for, or otherwise provided under the health benefits plan. The system may include: preadmission

certification, the application of practice guidelines, continued stay review, discharge planning, preauthorization of ambulatory care procedures and retrospective review.

- 4. a. A payer shall respond to a health care provider's request for authorization of health care services by either approving or denying the request based on a utilization management decision. Any denial of a request or limitation imposed by a payer on a requested service shall be made by a physician licensed in this State and communicated to the provider by facsimile or E-mail, as follows:
- (1) In the case of a request for authorization for a covered person who is receiving inpatient hospital services or care rendered in the emergency department of a hospital, the payer shall communicate the denial of the request or the limitation imposed on the requested service to the provider within a time frame appropriate to the medical exigencies of the case but no later than 24 hours following the time the request was made;
- (2) In the case of a request for authorization for a covered person who is currently receiving health care services in an outpatient or other setting, including but not limited to, a clinic, rehabilitation facility or nursing home, the payer shall communicate the denial of the request or the limitation imposed on the requested service to the provider within a time frame appropriate to the medical exigencies of the case but no later than three business days following the time the request was made; and
- (3) If the payer requires additional information to approve or deny a request for authorization, the payer shall so notify the provider by facsimile or E-mail within the applicable time frame set forth in paragraph (1) or (2) of this subsection and shall identify the specific information needed to approve or deny the request for authorization. If the payer is unable to approve or deny a request for authorization within the applicable time frame set forth in paragraph (1) or (2) of this subsection because of the need for this additional information, the payer shall have an additional period within which to approve or deny the request, as follows:
- (a) in the case of a request for authorization for a covered person who is receiving inpatient hospital services or care rendered in the emergency department of a hospital, no more than 12 hours beyond the time of receipt by the payer from the provider of the additional information that the payer has identified as needed to approve or deny the request for authorization; and
- (b) in the case of a request for authorization for a covered person who is currently receiving health care services in another setting, no more than two business days beyond the time of receipt by the payer from the provider of the additional information that the payer has identified as needed to approve or deny the request for authorization.

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- b. Payers and providers shall have appropriate staff available between the hours of 9 a.m. and 5 p.m., seven days a week, to respond to authorization requests within the time frames established pursuant to subsection a. of this section.
 - c. If a payer fails to respond to an authorization request within the time frames established pursuant to subsection a. of this section, the health care provider's request shall be deemed approved and the payer shall be responsible to the health care provider for the payment of the requested services at the full contractual rate.

- 5. a. A payer, or its agent, shall reimburse a hospital if:
- (1) the hospital requested authorization from the payer and received approval for the health care services delivered prior to rendering the service; or
- (2) the hospital requested authorization from the payer for the health care services prior to rendering the services and the payer failed to respond to the hospital within the time frames established pursuant to subsection a. of section 4 of this act.
- b. If the hospital or other health care provider is a network provider of the payer, health care services shall be reimbursed at the provider's contracted rate for the services provided and based on the setting in which the services are delivered.
- c. A payer shall reimburse a hospital for all medically necessary services rendered to the covered person at the contracted rate for services provided if it has reimbursed another health care provider for rendering medically necessary care to that same covered person at the hospital.
- d. A payer, or its agent, shall not amend a claim by changing the diagnostic code assigned to the services rendered by the health care provider without providing written justification.
- e. If a payer has determined that a covered person who is an inpatient in a hospital requires medically necessary health care services that are not available or provided at the hospital or are less than the acute level of care provided at the hospital, the payer shall be responsible for identifying an available contracted health care provider that offers the required covered services and that will accept the covered person. The payer shall pay the hospital in accordance with the contracted rate until an appropriate placement can be made.

6. a. A payer, or its agent, shall reimburse a health care provider for all medically necessary services rendered to a covered person that are covered under the health benefits plan, including emergency and urgent care health care services and all tests necessary, according to nationally recognized treatment protocols as developed by the federal government, to determine the nature of an illness or injury.

b. A payer shall provide each network health care provider with a copy of all clinical criteria guidelines used by the payer or agent to determine the medical necessity of health care services. These guidelines may be used by the payer only as a screening tool and may not be applied without considering the covered person's individual health care circumstances. The payer or agent shall notify each network provider in writing of any proposed change in the guidelines at least 60 days prior to implementing the change.

- 7. a. Upon admission to a hospital or prior to receiving health care services, a covered person or a person designated by the covered person may sign a consent form authorizing a health care provider, on the covered person's behalf, to appeal a determination by a payer to deny, reduce or terminate a health care benefit or deny payment for a health care service based upon the payer's determination that the health care benefit or service is not medically necessary, and which consent would be valid for all stages of the payer's informal and formal appeals process and the Independent Health Care Appeals Program established pursuant to section 11 of P.L.1997, c.192 (C.26:2S-11).
- b. The health care provider shall provide notice to the covered person whenever the health care provider institutes an appeal of a payer's determination to deny, reduce or terminate a health care benefit or deny payment for a health care service and shall provide additional notice to the covered person each time the health care provider continues that appeal to the next stage of the payer's appeal process, including any appeal to an independent utilization review organization pursuant to section 12 of P.L.1997, c.192(C26:2s-12).
- c. The covered person shall retain the right to revoke at any time his consent granted pursuant to subsection a. of this section.

- 8. a. A contract between a payer and any health care provider other than a dentist shall contain a provision, approved by the commissioner, that provides that any dispute regarding the recovery of payments due under the terms of this act, shall, on the initiative of any party to the dispute, be referred to arbitration as provided in this section.
- b. Arbitration proceedings shall be conducted by an independent third-party. A party shall initiate an arbitration proceeding within 90 days of receipt of a written determination, on a form prescribed by the commissioner, which is the basis for the arbitration. No dispute shall be accepted for arbitration unless the payment amount in dispute is \$1,000 or more, except that disputed payment amounts may be aggregated for the purposes of meeting the threshold requirements of this section.
- c. No dispute pertaining to medical necessity which is eligible to be submitted to the Independent Health Care Appeals Program

- established pursuant to section 11 of P.L.1997, c.192 (C.26:2S-11) shall be the subject of arbitration pursuant to this section.
 - d. An arbitrator may review any records in connection with the payment dispute, including the claims file of the payer, or of the health care provider or the covered person to whom payment is due, subject to confidentiality requirements established by State or federal law.
 - e. (1) An arbitrator*s determination shall be in writing, in a form prescribed by the commissioner, and shall state the issues in dispute and the findings and conclusions on which the determination is based. The determination shall be signed by the arbitrator and shall be binding on all parties to the dispute.
 - (2) If the arbitrator determines that a payer has withheld or denied payment in violation of the provisions of this act, the arbitrator shall order the payer to make payment of the claim within 10 business days.
 - (3) In accordance with regulations adopted by the commissioner, the cost of the arbitration proceedings, including the payment of reasonable attorney's fees, shall be awarded to the prevailing party.

- 9. a. For the purposes of this section:
- "Dental care provider" means a dentist or other health care provider licensed pursuant to Title 45 of the Revised Statutes to perform dental care services in this State.
- Dental care service" means a service provided to a covered person under a dental plan.
- "Dental carrier" means a dental service corporation established pursuant to the "Dental Service Corporation Act of 1968," P.L.1968, c.305 (C.17:48C-1 et seq.), a dental plan organization established pursuant to the "Dental Plan Organization Act," P.L.1979, c.478 (C.17:48D-1 et seq.) or a carrier authorized to issue dental plans in this State.
- 31 "Dental claim" means a request to a third party for payment of a 32 covered dental care service.
 - "Dental plan" means a benefits plan which pays or provides dental expense benefits for covered services and is delivered or issued for delivery in this State by or through a dental service corporation or dental plan organization authorized to issue dental plans in this State.
 - "Predetermination request" means a request transmitted to a dental carrier in connection with a dental plan to issue an advance determination of coverage, which may include the amount of benefits then available for a dental care service prior to rendering the dental service or services.
- b. A dental carrier shall respond to a dental care provider's predetermination request or request for authorization of dental care services by either approving or denying the request based on a utilization management decision. Any denial of a request or limitation imposed on a requested service shall be made by a dentist licensed in

this State, and communicated to the provider by facsimile or E-mail,as follows:

- (1) In the case of a predetermination request or request for authorization for a covered person who is receiving care rendered in the emergency department of a hospital, the dental carrier shall communicate the denial of the request or the limitation imposed on the requested service to the provider within a time frame appropriate to the medical exigencies of the case but no later than 24 hours following the time the request was made;
- (2) In the case of a predetermination request or request for authorization for a covered person who is currently receiving dental care services in an outpatient setting, the dental carrier shall communicate the denial of the request or the limitation imposed on the requested service to the provider within a time frame appropriate to the medical exigencies of the case but no later than five business days following the time the request was made; and
- (3) If the dental carrier requires additional information to approve or deny a request for authorization, the dental carrier shall so notify the provider by facsimile or E-mail within the applicable time frame set forth in paragraph (1) or (2) of this subsection and shall identify the specific information needed to approve or deny the request for predetermination or authorization. If the dental carrier is unable to approve or deny a request for predetermination or authorization within the applicable time frame set forth in paragraph (1) or (2) of this subsection because of the need for this additional information, the dental carrier shall have an additional period within which to approve or deny the request, as follows:
- (a) in the case of a request for a predetermination request or authorization for a covered person who is receiving care rendered in the emergency department of a hospital, no more than 12 hours beyond the time of receipt by the dental carrier from the provider of the additional information that the dental carrier has identified as needed to approve or deny the request for predetermination or authorization; and
- (b) in the case of a request for predetermination or authorization for a covered person who is currently receiving health care services in another setting, no more than two business days beyond the time of receipt by the dental carrier from the provider of the additional information that the dental carrier has identified as needed to approve or deny the request for authorization.
- c. Dental carriers and dental care providers shall have appropriate staff available between the hours of 9 a.m. and 5 p.m., five days a week, to respond to predetermination or authorization requests within the time frames established pursuant to subsection a. of this section.
- d. If a dental carrier fails to respond to a predetermination or authorization request within the time frames established pursuant to

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subsection a. of this section, the dental care provider's request shall be deemed approved and the dental carrier shall be responsible to the dental care provider for the payment of the requested services at the full contractual rate.

10. The commissioner shall enforce the provisions of this act. A payer or dental carrier found in violation of the provisions of this act shall be liable to a civil penalty of not less than \$250 and not greater than \$10,000 for each day that the payer or dental carrier is in violation of the act if reasonable notice in writing is given of the intent to levy the penalty and, at the discretion of the commissioner, the payer or dental carrier has 30 days, or such additional time as the commissioner shall determine to be reasonable, to remedy the condition which gave rise to the violation, and fails to do so within the time allowed. The penalty shall be collected by the commissioner in the name of the State in a summary proceeding in accordance with the "Penalty Enforcement Law of 1999," P.L.1999, c.274 (C.2A:58-10 et seq.).

11. The commissioner shall promulgate rules and regulations pursuant to the "Administrative Procedure Act," P.L.1968, c.410 (C.52:14B-1 et seq.) as are necessary to carry out the purposes of this act.

12. This act shall take effect on the 120th day after enactment, but the commissioner may take such anticipatory administrative action in advance as shall be necessary for the implementation of this act.

STATEMENT

This bill, the "Health and Dental Claims Authorization, Processing and Payment Act," is intended to ensure that health care providers, including, but not limited to physicians, dentists and other licensed health care professionals, hospitals and other health care facilities, receive reimbursement to which they are entitled from payers for health care services delivered to covered persons under health maintenance organization (HMO) contracts, health, hospital and medical service corporation contracts, health insurance policies and dental plans.

The bill defines "payer" as a carrier (HMO, health, hospital, medical service corporation or commercial insurer) which requires that utilization management be performed to authorize the approval of a health care service, and includes an organized delivery system that is certified by the Commissioner of Health and Senior Services or licensed by the Commissioner of Banking and Insurance.

1 The bill provides that a payer shall respond to a health care 2 provider's request for authorization of services by either approving or 3 denying the request based on a utilization management decision. Any 4 denial of a request or limitation imposed on a requested service shall be made by a State licensed physician and shall be communicated to 5 6 the provider by facsimile or E-mail within a time frame appropriate to 7 the medical exigencies of the case, but no later than 24 hours in the 8 case of a request for authorization for a covered person who is 9 receiving inpatient hospital or emergency room care, and no later than 10 three business days for a covered person who is receiving health care 11 services in another setting. If the payer requires additional information 12 to approve or deny a request for authorization, the payer shall notify 13 the provider by facsimile or E-mail within the applicable time frame 14 and shall identify the specific information needed to approve or deny 15 the request for authorization. If the payer is unable to approve or deny a request for authorization within those time frames because of 16 17 the need for this additional information, the bill provides that the payer 18 shall have an additional time period within which to approve or deny 19 the request.

If a payer fails to respond to an authorization request within the required time frames, the health care provider's request shall be deemed approved and the payer shall be responsible to the health care provider for the payment of the requested services.

The bill provides that a payer:

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- shall reimburse a hospital if the hospital requested authorization from the payer and received approval for the health care services delivered prior to rendering the service or the hospital requested authorization from the payer for the health care services prior to rendering the services and the payer failed to respond to the hospital within the time frames established under the bill;
- shall reimburse a hospital for all medically necessary services rendered to the covered person at the contracted rate for services provided if it has reimbursed another health care provider for rendering medically necessary care to that same covered person at the hospital;
- shall not amend a claim by changing the diagnostic code assigned to the services rendered by the health care provider without providing written justification; and
- shall reimburse a health care provider for all medically necessary services rendered to a covered person that are covered under the health benefits plan, including emergency and urgent care health care services and all tests necessary, in accordance with nationally recognized treatment protocols, to determine the nature of an illness or injury.
- The bill also specifies that if a payer has determined that a covered person who is an inpatient in a hospital requires medically necessary

1 health care services that are not available or provided at the hospital

- 2 or are less than the acute level of care provided at the hospital, the
- 3 payer shall be responsible for identifying an available contracted health
- 4 care provider that offers the required covered services and that will
- 5 accept the covered person. The payer shall pay the hospital in
- 6 accordance with the contracted rate until an appropriate placement can
- 7 be made.

8 The bill provides that upon admission to a hospital or prior to

- 9 receiving health care services, a covered person or a person designated
- 10 by the covered person may sign a consent form authorizing a health
- 11 care provider, on the covered person's behalf, to appeal a
- determination by a payer to deny, reduce or terminate a health care
- 13 benefit or deny payment for a health care service based upon the
- 14 payer's determination that the health care benefit or service is not
- 15 medically necessary and which consent would be valid for all stages of
- 16 the payer's appeals process and the Independent Health Care Appeals
- 17 Program. The health care provider shall provide notice to the covered
- 18 person whenever an appeal is initiated and provide additional notice
- 19 each time the health care provider continues that appeal to the next
- 20 stage of the payer's appeals process. A covered person retains his
- 21 right to revoke his consent at any time.
- The bill further provides that a contract between a payer and a
- 23 health care provider other than a dentist shall contain a provision that
- 24 any dispute regarding the recovery of payments, shall, on the initiative
- 25 of any party to the dispute, be referred to binding arbitration. The
- 26 cost of the arbitration proceedings, including the payment of
- 27 reasonable attorney's fees, shall be awarded to the prevailing party.
- In recognition that dental predetermination requests and requests
- 29 for authorization for dental services between dentists and dental plans
- 30 are different from similar requests between other health care providers
- 31 and insurance carriers, the bill provides for certain procedures with
- 32 respect to dental claims.
- Finally, the bill provides for the imposition of civil monetary
- 34 penalties for violations of the bill's provisions.